



BOOK CLUB GUIDE

# A Son's Reckoning

EDUCATOR'S TOOLKIT

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*Author of A Son's Reckoning*



A guide for thoughtful and  
transformative teaching

## Cover Page

- Title: *Educator's Toolkit*
  - Subtitle: *Teaching Reckoning, Repair, and Emotional Literacy*
  - Visuals: Lineage tree, candle icon, open book with symbolic rays
  - Attribution: "A Companion Resource for *A Son's Reckoning* by Dr. Carl Louis Young"
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## Section 1: Introduction

*A Son's Reckoning* invites students into a space of emotional truth, philosophical inquiry, and communal healing. This toolkit equips educators with trauma-informed, culturally responsive resources to guide students through themes of identity, grief, lineage, and emotional survival.

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## Section 2: Lesson Plans by Age Group

### High School

- Identity Mapping
- Journaling Prompts
- Group Dialogue
- Creative Response

### College / Graduate

- Critical Analysis
  - Comparative Readings
  - Philosophical Inquiry
  - Creative Writing
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## Section 3: Discussion Themes

- Identity and fragmentation
  - Lineage and intergenerational trauma
  - Silence, grief, and emotional literacy
  - Forgiveness, repair, and relational accountability
  - Masculinity, vulnerability, and emotional survival
  - The role of beauty and ceremony in healing
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## Section 4: Writing Prompts

- “Describe a moment when silence protected you and when it harmed you.”
  - “What does repair look like in your lineage?”
  - “Write a dialogue between your present self and your younger self.”
  - “What does emotional safety feel like and where have you lacked it?”
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## **Section 5: Multimedia Pairings**

### **Music**

- Solange – *Cranes in the Sky*
- Samora Pinderhughes – *The Healing Project*
- Marvin Gaye – *What’s Going On*

### **Poetry**

- Lucille Clifton – *won’t you celebrate with me*
- Jericho Brown – *Duplex*
- Warsan Shire – *Home*

### **Visual Art**

- Kara Walker – silhouettes and historical memory
  - Bisa Butler – quilted portraits of Black resilience
  - Kehinde Wiley – reimagining power and presence
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## **Section 6: Classroom Rituals**

- Opening Breath
  - Altar Creation
  - Affirmation Cards
  - Reflection Circle
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